

“OD’s”
10th Annual
5K Memorial Run/Walk

In memory of Johnny O’Donnell
1984 - 2003

Sunday, September 22nd, 2013 (10:00 a.m.)
Registration begins at 8:30 a.m. (rain or shine.)

Location: Lynnfield High School
275 Essex St., Lynnfield MA

Entry Fee: Pre-registration \$15 / \$20 (day of) Non-refundable

T-Shirts to first 150 registered

Awards to top 3 finishers in each division (M/F)

Time splits, water stations, professionally timed, USATF sanctioned

All proceeds to benefit the John O’Donnell Memorial Scholarship Fund.

For additional information (including online registration), go to: www.odsrunkwalk.weebly.com

Or contact Karen Mahon (508) 528-1286 or odsrunkwalk@comcast.net

REGISTRATION FORM

(Official use only)



Mail to Karen Mahon, 11 Lost Horse Tr. Franklin, MA 02038 (checks made payable to the “John O’Donnell Memorial Scholarship.”) Postmarked by September 15th.

Last Name: _____ First: _____ MI: __ Age:(race day) _____

Street: _____ City _____ State _____ Zip: _____

Phone _____ E-mail _____

Gender: M/F _____ Walk or Run: _____

T-shirt size: *Youth:* Sm/Med/Lge _____

Adult: Sm/Med/Lge/XL _____

SIGNATURE: _____

(Signature of parent or guardian if under 18.)

In consideration of the acceptance of this entry: myself, heirs, executors and administrators, waive and release any and all rights and claims for damages I may have against Lynnfield High School, all sponsors and race organizers and the town of Lynnfield for any and all injuries suffered by me while competing in, traveling to or from this event. I attest that I am physically fit and sufficiently trained to compete in this event. I also willingly release my image for photography, video and film cameras which may chronicle this event.